

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Print Physician Name: \_\_\_\_\_ Physician Phone: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Physician Fax: \_\_\_\_\_  
*Signature required (stamp signature not accepted per Medicare guidelines)*

### PREVENTIVE CARDIOLOGY

#### Physician Services

**Cardiovascular Disease Prevention and Lipid Clinic**

(614) 566.3830 | Fax (614) 533.0451

- Dyslipidemia
- Metabolic Syndrome

**Cardiopulmonary Rehabilitation and Education** (614) 566.4519 | Fax (614) 566.6919

**Cardiac Rehabilitation\* (provide diagnosis)**

- Angina
- Revascularization (CABG, PCI)
- CABG
- Valve Replacement Surgery
- Heart Failure
- Other: \_\_\_\_\_

**Pulmonary Rehabilitation (provide diagnosis)**

- COPD
- Pulmonary Fibrosis
- Emphysema
- Other: \_\_\_\_\_

\* Programs require testing. Please indicate testing you will provide:  Lab

**PAD SET (Supervised Exercise Therapy) Rehab**

### SPINE, SPORT AND JOINT CENTER

 (614) 566.3810 | Fax (614) 566.3895

#### Physician Services and Sports Medicine

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Evaluate and Treat         | <input type="checkbox"/> Evaluate for Spinal Injection        | Special Procedures—Evaluate for:  |
| <input type="checkbox"/> Tendon Clinic              | <input type="checkbox"/> Evaluate and Treat Concussion        | <input type="checkbox"/> TeneJet Minimally - Invasive Tenotomy                  |
| <input type="checkbox"/> EMG/Nerve Conduction Study | <input type="checkbox"/> Platelet Rich Plasma Injection (PRP) | <input type="checkbox"/> Regenerative Joint/Soft Tissue Injections/Prolotherapy |
| <input type="checkbox"/> Other: _____               |   |   |

#### Physician Requested

- First available physician     Dr. Ruane     Dr. Dapore     Dr. Burkam

### FITNESS

 (614) 566.5356

- Fitness Center Membership – bring in this completed form to receive reduced enrollment fee
- Personal Training – bring in referral form for 10% off personal training package
- Aquatic     Land
- Cancer Wellness Program (614) 566.3880

### HEALTH AND WELLNESS

 (614) 566.5356 | Fax: (614) 566.3835

- Nutrition Consultation Dx Code \_\_\_\_\_
- Diabetes Education | Diagnosis Code: \_\_\_\_\_
  - Registered Dietitian (individual instruction)
  - Registered Nurse (individual instruction)
  - Gestational Consult

### OHIOHEALTH WEIGHT MANAGEMENT

 (614) 566.2700 | Fax: (614) 566.6776

- Medical Weight Management     Surgical Weight Management

## Programs and Services

### Preventive Cardiology

#### Cardiovascular Disease Prevention and Lipid Clinic

A multi-disciplinary approach to treating uncontrolled cardiovascular risk factors, with the goal of optimizing risk factors through pharmacologic therapy and lifestyle modification.

#### Cardiac Rehabilitation

Medically supervised program to optimize a cardiac patient's physical, psychological and social functioning.

#### Pulmonary Rehabilitation

Multidisciplinary, comprehensive intervention for patients with chronic respiratory diseases.

#### PAD SET (Supervised Exercise Therapy)

Medically supervised exercise program designed to improve peripheral vascular function.

### Spine, Sport & Joint Center

#### Physician Services

##### *Evaluate and Treat*

Non-surgical orthopedic management of conditions including treatment plan and follow-up care. Referring physicians are provided with initial consultation notes, outcome measures and contacted prior to any surgical referrals.

##### *Evaluate for Spinal Injections*

Procedures include transforaminal epidural steroids, facet blocks, SI injections.

##### *EMG/NCS*

Electrodiagnostic testing and consultation.

##### *Manipulation Consultation*

Manual manipulation therapy (similar to "chiropractic adjustment").

##### *Joint/Soft Tissue Injections*

Injection therapies for arthritis, tendonitis, bursitis, trigger points, etc.

### Health and Wellness

#### McConnell Fitness Center Membership

Includes access to full line of cardiovascular and strength-training equipment, group-based land, aquatic and cycling classes. A comprehensive team of health professionals, including exercise physiologists, provide care in this certified Medical Fitness Center.

#### OhioHealth Weight Management

Structured program for individuals with a goal of significant weight loss through lifestyle intervention with or without surgery.

#### Diabetes Education Program

Individual and / or group education and self-management training for Type 1, Type 2 or gestational diabetes patients.

#### Nutrition Consultation

Individual appointments with a registered dietitian.