

Patient Name: _____ Date: _____

Phone Number: _____ Date of Birth: _____

Print Physician Name: _____ Physician Phone: _____

Physician Signature: _____ Physician Fax: _____

Signature required (stamp signature not accepted per Medicare guidelines)

PREVENTIVE CARDIOLOGY

Physician Services

Cardiovascular Disease Prevention and Lipid Clinic

(614) 566.3861 | Fax (614) 533.0451

- Dyslipidemia
- Metabolic Syndrome

Cardiopulmonary Rehabilitation and Education (614) 566.4519 | Fax (614) 533.0112

Cardiac Rehabilitation* (provide diagnosis) **Pulmonary Rehabilitation (provide diagnosis)**

- Angina Revascularization (CABG, PCI)
- COPD Pulmonary Fibrosis
- CABG Valve Replacement Surgery Heart Failure Emphysema Other:
- Other: _____

PAD SET (Supervised Exercise Therapy) Rehab

SPINE, SPORT AND JOINT CENTER (614) 566.3810 | Fax (614) 566.3895

Physician Services and Sports Medicine

- Evaluate and Treat Platelet Rich Plasma Injection (PRP) **Special Procedures—Evaluate for:**
- Tendon Clinic Other: _____ TeneJet Minimally - Invasive Tenotomy
- Evaluate and Treat Sport Regenerative Joint/Soft Tissue
- Related Concussions Injections/Prolotherapy

Physician Requested

- First available physician Dr. Ruane Dr. Dapore Dr. Burkam Dr. Mantell

FITNESS (614) 566.5356

- Fitness Center Membership – bring in this completed form to receive reduced enrollment fee
- Personal Training – bring in referral form for 10% off personal training package
 - Aquatic Land
- Cancer Wellness Program (614) 566.3880 Pilates Reformer Training: Private and Group Classes

HEALTH AND WELLNESS (614) 566-2700 | Fax: (614) 566-6776

- Nutrition Consultation Dx Code _____
- Diabetes Education | Diagnosis Code: _____
 - Registered Dietitian (individual instruction)
 - Gestational Consult
 - 10 Hour Initial Diabetes Self Management Training (DSMT)

OHIOHEALTH WEIGHT MANAGEMENT (614) 566.2700 | Fax: (614) 566.6776

- Medical Weight Management Surgical Weight Management

Programs and Services

Preventive Cardiology

Cardiovascular Disease Prevention and Lipid Clinic

A multi-disciplinary approach to treating uncontrolled cardiovascular risk factors, with the goal of optimizing risk factors through pharmacologic therapy and lifestyle modification.

Cardiac Rehabilitation

Medically supervised program to optimize a cardiac patient's physical, psychological and social functioning.

Pulmonary Rehabilitation

Multidisciplinary, comprehensive intervention for patients with chronic respiratory diseases.

PAD SET (Supervised Exercise Therapy)

Medically supervised exercise program designed to improve peripheral vascular function.

Spine, Sport & Joint Center

Physician Services

Evaluate and Treat

Non-surgical orthopedic management of conditions including treatment plan and follow-up care. Referring physicians are provided with initial consultation notes, outcome measures and contacted prior to any surgical referrals.

Manipulation Consultation

Manual manipulation therapy (similar to "chiropractic adjustment").

Joint/Soft Tissue Injections

Injection therapies for arthritis, tendonitis, bursitis, trigger points, etc.

Health and Wellness

McConnell Fitness Center Membership

Includes access to full line of cardiovascular and strength-training equipment, group-based land, aquatic and cycling classes. A comprehensive team of health professionals, including exercise physiologists, provide care in this certified Medical Fitness Center.

OhioHealth Weight Management

Structured program for individuals with a goal of significant weight loss through lifestyle intervention with or without surgery.

Diabetes Education Program

Individual and / or group education and self-management training for Type 1, Type 2 or gestational diabetes patients.

Nutrition Consultation

Individual appointments with a registered dietitian.